

**Eagle Rafting**



**BOY SCOUTS**



# Kern River

White Water Rafting and Canoe Merit Badges

May 2009

Mission Hills Christian School – Rancho Santa Margarita

## Qualifications And Information



Canoe Merit Badge: Swim Test Qualify - read Canoeing Merit Badge Book  
Tenderfoot or Higher rank with the Swimming and First Aid Merit Badge  
11 years old with swimming merit badge

White Water Rafting: Swim Test Qualify - read White Water Rafting  
Merit badge book - First Class or Higher rank with the Swimming, Canoeing  
and First Aid Merit Badge  
13 years old with swimming merit badge

Date: May 2009

Adult Planning the event:

Patrol responsible:

Adult running the event:

Mission Hills Christian School – Rancho Santa Margarita



## BOY SCOUTS

### Canoe Merit Badges

In this two-day program the scouts will learn how to use and care for the equipment, how to paddle properly to maximize performance, how to use different strokes, how to safely recover if the boat capsizes, how to handle the canoe alone and with others, and much more. The scouts will use Scout Gates to demonstrate their skills and familiarize themselves with gates to prepare for a Whitewater Merit Badge. The Scout Gates are not a requirement for the Canoe Merit Badge Program but are used to help the scouts memorize paddle strokes, and control their canoes in a tight area. Using the Scout Gates also familiarize the scouts with the course for future attempts to earn the whitewater merit badge. Scouts that choose Eagle Rafting for their Canoe Merit Badge Program not only get a Canoe Merit Badge but they are ready to tackle the Scout Gates sooner in the Whitewater Merit Badge Program which allows more time on the river.



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## White Water Rafting

Once you have mastered canoeing on still water you are ready to challenge yourself with the thrills of whitewater. Once again, we strongly emphasize safety along with the fun.

In this two-day program the scouts will learn how to use and care for the equipment, learn the International Scale of River Difficulty, how to read a river, kayak maneuvers, canoe maneuvers, self and buddy rescue, safety, rafting, and many more exciting subjects.

The scouts are required to pass a Scout Gate Test in under 120 seconds. If they do it in under 60 seconds they achieve an 'exceptional time'. Testing with the Scout Gates is done at the end of the first day and morning of the second day. Once all the scouts have completed the course on the second day the rest of the trip is spent on the river for the one day adventure.

## Group Equipment

- Stove
- Toilet Paper and Towel
- Biodegradable Dish Soap
- Dish Towel
- Pots and Fry Pan
- Food
- Fuel
- Trash Bag
- Scrub Pad
- Large Utensils
- Drink Mixes
- Spices

## Pack & Sleeping

- Backpack
- Tent & Stakes
- Sleeping Bag
- Sleeping Pad

## Clothing

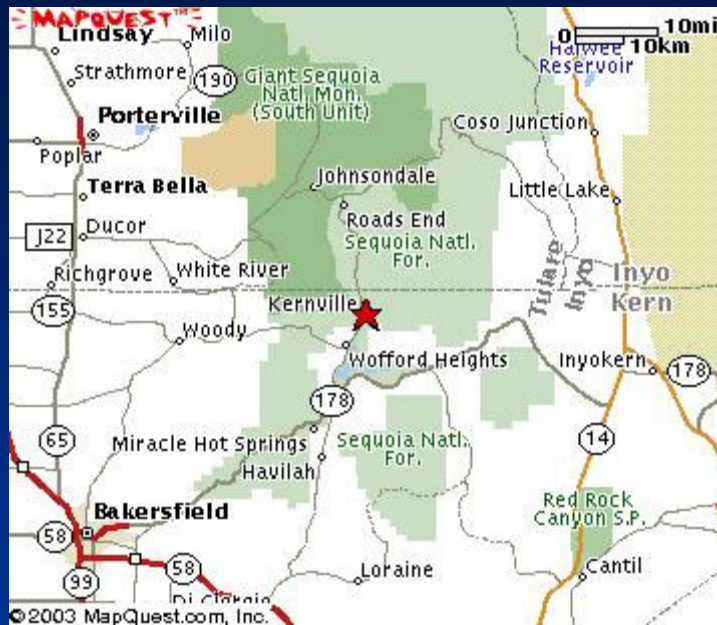
- Boots, well sealed
- Wicking Socks (2)
- Wool Socks (2)
- Wicking Shirt (2)
- Mid Layer (2)
- Long Pants (2)
- Extra Underwear
- Wicking Underwear (2)
- Warm Jacket/Fleece
- Gloves Fleece/Wool
- Day Pack
- Hat with brim
- Beanie/Warm Hat
- Bandanna

## Ten + Essentials

1. 2 liter of water
2. Knife
3. Sunscreen and Sunglasses
4. Flashlight/Headlamp and Extra Batteries and blubs
5. Rain Gear
6. Extra Clothing
7. Map and Compass
8. Fire Starters
9. First Aid Kit
10. Snacks

## Miscellaneous

- Camera
- Bowl or Plate
- Insulated Cup
- Spoon and Folk
- Personal
- Toiletries
- Medication w/ note
- Lightweight towel
- Note Pad & Pencil
- Fishing Gear
- Stash Bags



- I-5 North toward LOS ANGELES.
- Keep LEFT to take CA-99 N via EXIT 221 toward BAKERSFIELD / FRESNO.
- Merge onto BAKERSFIELD TEHACHAPI HWY / CA-58 E toward TEHACHAPI / MOJAVE.
- Merge onto CA-184 N toward LAMONT.
- Turn RIGHT onto KERN CANYON RD / CA-184.
- Turn RIGHT onto KERN CANYON RD / CA-178. Continue to follow CA-178 E.
- Take the CA-155 exit- EXIT 43- toward LAKE ISABELLA / KERNVILLE.
- Turn LEFT onto CA-155 W / KERNVILLE RD.
- Continue to follow CA-155 W. CA-155 W becomes BURLANDO RD.
- Stay STRAIGHT to go onto KERNVILLE RD.
- End at 11252 Kernville Rd Kernville, CA 93238, US